

# VIEW FROM THE SPA



## Natural Wonders

Set within 400 acres at the base of a largely unexplored rainforest, the Lodge and Spa at Pico Bonito in Honduras—each of the 22 rustic-chic cabins features a hammock-adorned deck—makes surrendering to bliss inevitable. The challenges of the concrete jungle are forgotten as guests immerse in the real one. Here you can explore the on-site butterfly farm and serpentarium, hike to a breathtaking waterfall, boat through a manatee reserve and snorkel along the world's second-largest barrier reef.

But the activities don't mean visitors forgo creature comforts. Pampering is the focus at the hotel's newly unveiled spa, where the treatment menu, inspired by pre-Hispanic healing traditions, uses only seasonal ingredients from the forest. After an exfoliating steam

in the Mayan-style temazcal, luxuriate with an Organic Fruit Facial, which mixes raw pineapple, lychee, papaya, passion fruit and honey to infuse skin with nourishing antioxidants, followed by ancient massage techniques to stimulate the lymphatic system.

Treatments take place in four circular huts—according to pre-Hispanic belief, the shape helps maximize natural energy—perched upon stilts to allow vegetation to grow and animals like the local agouti to scurry beneath. The musical accompaniment at the spa is birdsong (there are 420 species in the rainforest) and the lapping waves of the adjacent Corinto River. Take an evening dip in the al fresco Jacuzzi, filled with fresh water from the river. Your hammock—and a starlit sky—await. [picobonito.com](http://picobonito.com)

—Sahar Khan